

2023 Up & At 'Em 18th Annual Turkey Trot

Johnson City, TN

Event Recap 2023

Total registered
4,319

5k Run/Walk/Handcycle
6

Virtual 5k Run/Walk
36

The place to be on
Thanksgiving Day

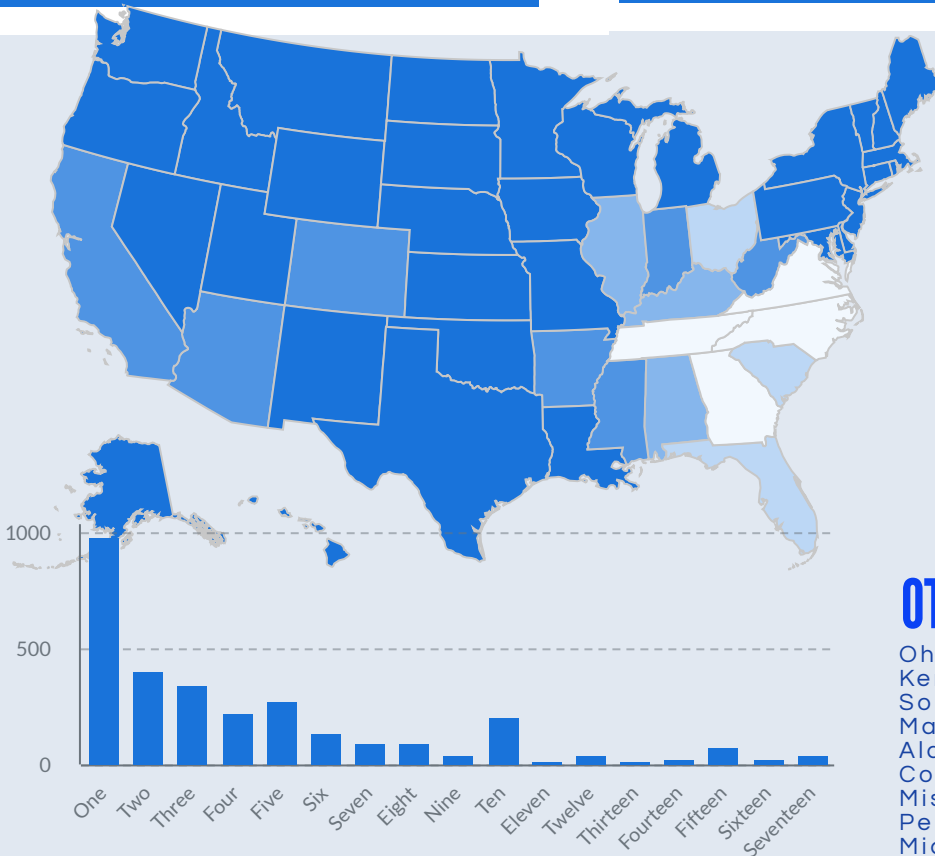
Additional Spectators
1,000+

Up & At 'Em Donations
\$300,000+



Male (46.1%)
Female (53.9%)

Other Noteables
Canada, Switzerland,
& United Kingdom



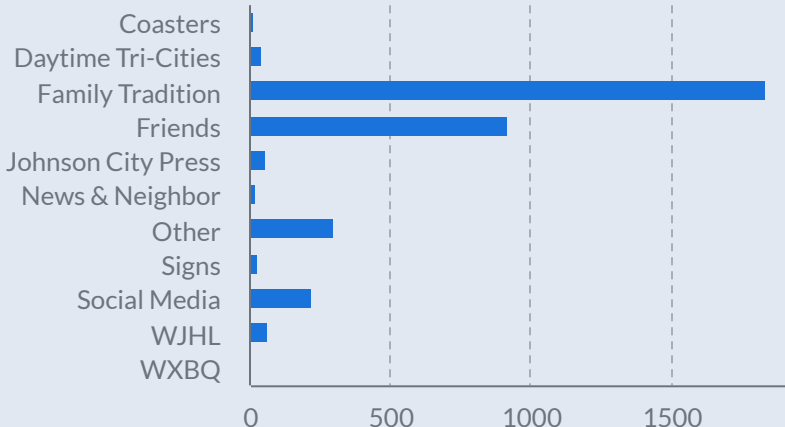
Tennessee	3,720
Virginia	139
North Carolina	111
Florida	56
Georgia	49

OTHER STATES

Ohio - 28
Kentucky - 24
South Carolina - 19
Maryland - 17
Alabama - 17
Colorado - 13
Mississippi - 12
Pennsylvania - 12
Michigan - 10
Texas - 9
Illinois - 9
Indiana - 8
Wisconsin - 8
West Virginia - 7
California - 7

Arizona - 5
New York - 5
New Jersey - 4
Oklahoma - 3
Louisiana - 3
Connecticut - 3
Arkansas - 2
Washington D.C. - 2
Kansas - 2
Maine - 2
Minnesota - 2
New Hampshire - 2
New Mexico - 1
Nevada - 1
Iowa - 1
Idaho - 1

How many years have you trotted with us?



How did you hear about us?



Registered
Dogs: **342**



Registered
Strollers: **190**

2023 Up & At 'Em Turkey Trot

Johnson City, TN



Washington County, TN

2,458

Sullivan County, TN

507

Carter County, TN

240

Youngest Participants
One Girls & Two Boys 1 & Under

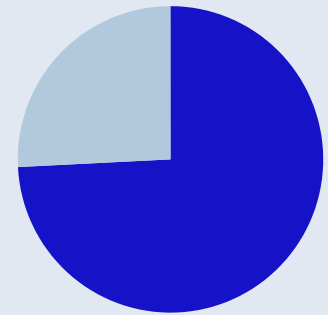
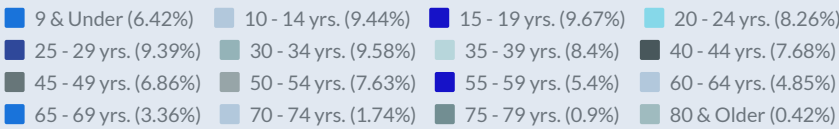
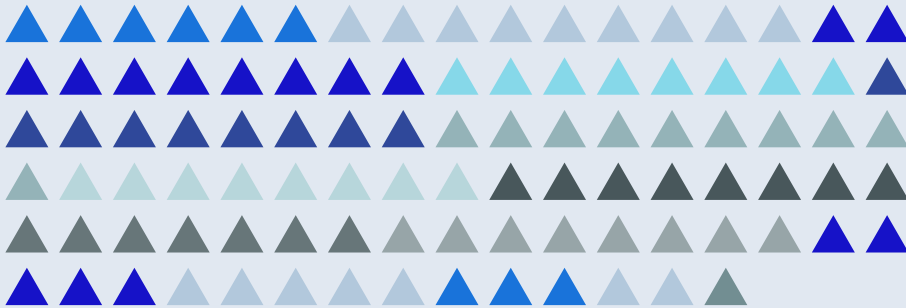
3

Oldest Female
Eleanor Pendergraft

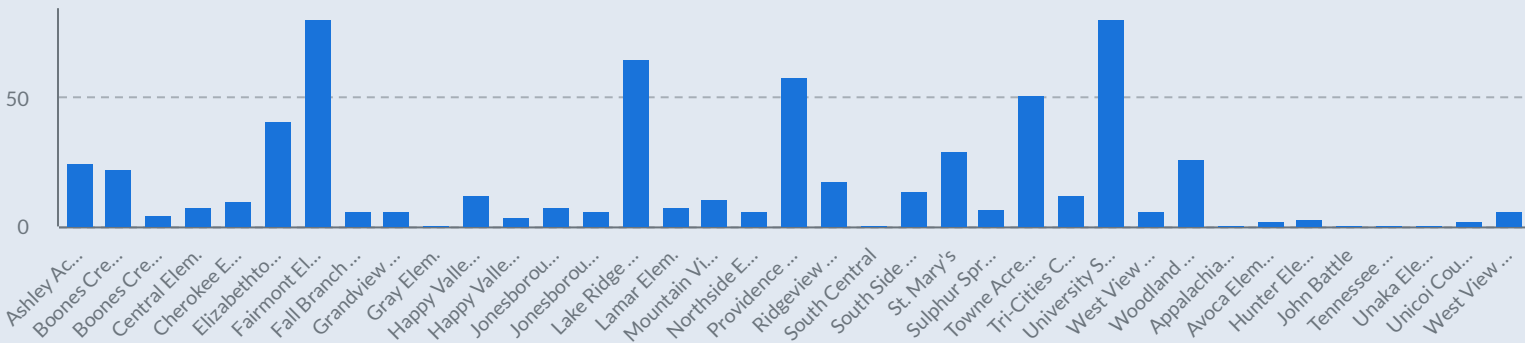
88

Oldest Male
Dan C

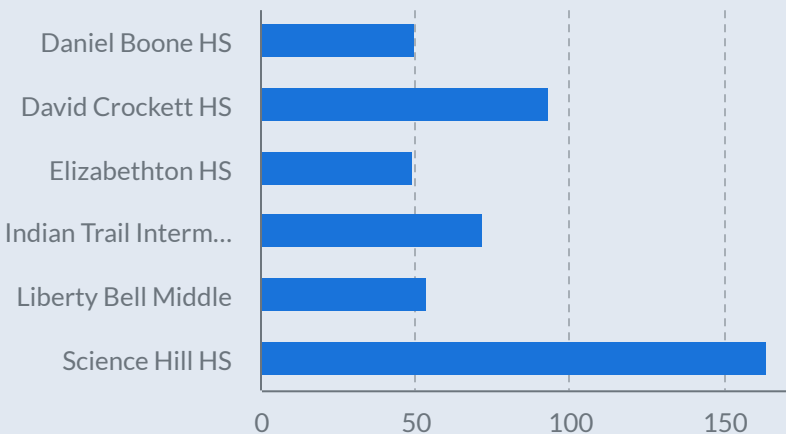
102



Tri-Cities (74.21%) Other (25.79%)



Small School Participation



Small School Participation: 627



Large School Participation: 482

Large School Participation