

# Glow Crazy 5k

## Greater Kingsport Family YMCA

- YMCA Member \$30 April - July, \$40 August - October  
 Friend of the YMCA \$35 April - July, \$45 August - October  
 Kids (6 & under) \$15

**Checks Payable to: Greater Kingsport Family YMCA**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_ Age on Race Day: \_\_\_\_\_ Sex:  M  F

Race Day Emergency Contact (Name & Phone) \_\_\_\_\_

T-shirt Size: (circle one) YS YM YL S M L XL XXL

Mail this form to: The Goose Chase  
3101 Browns Mill Rd., Ste. 6-182  
Johnson City, TN 37604

*In consideration of accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all claims for personal injury or property damage, of whatever form and nature, I may have against Greater Kingsport Family YMCA, The Goose Chase, We Run Events, its affiliates and/or subsidiaries, co-sponsoring organizations, the city in which the event is being held and all other persons, acting on behalf of the foregoing organizations, stemming from or arising as a result of my participation in any of the events of the Glow Crazy 5k. I attest and verify that I am physically fit and sufficiently trained to participate in any of the events that I enter. I also give my permission for the free use of my name and picture in any newspaper write up, "broadcast", "telecast", or other written account of this event.*

Signature & Date: \_\_\_\_\_