

Johnson City Turkey Trot

Memorial Park Community Center, Johnson City Thursday, November 28 @ 8:30 AM

★ Start Here Runner Walker Ruck Division

Check event: Individual Runner/Walker (\$25 until 11/25/19, \$30 after date)

Student (\$20 until 11/25/19, \$25 after date)

School _____

Morning Mile School _____

Handcycle Division (\$25 until 11/25/19, \$30 after date)

Family Discount – Family of 5 Or More, Immediate Family: If you are part of a family of 5 or more (immediate family members only!), you will receive a \$2 discount per family member. For example, a family of 5 will receive a total \$10 discount. There will be a question during the registration process to receive the discount. Please be honest!

NO REFUNDS AFTER NOVEMBER 1st!

Name: _____ Phone: _____

Address: _____

City: _____ State _____ Zip _____

E-mail: _____

Date of Birth: ___/___/___ Age on Race Day: _____ Sex: M F

Race Day Emergency Contact (Name & Phone) _____

Shirt Size: Youth Sizes YS YM YL

Adult Sizes S M L XL XXL

Checks Payable to: Up & At 'Em Inc.

Mail this form to: JC Turkey Trot

3101 Browns Mill Rd

Suite 6-182

Johnson City, TN 37604

In consideration of accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all claims for personal injury or property damage, of whatever form and nature, I may have against the Up & At 'Em Inc. The Wellness Center, City of Johnson City, The Goose

Chase, its affiliates and/or subsidiaries, co-sponsoring organizations, and all other persons, acting on behalf of the foregoing organizations, stemming from or arising as a result of my participation in any of the events of the Johnson City Turkey Trot. I attest and verify that I am physically fit and sufficiently trained to participate in any of the events that I enter. I also give my permission for the free use of my name and picture in any newspaper write up, "broadcast", "telecast", or other written account of this event.

Signature & Date: _____

Register Online & Race Information ~ www.JCTurkeyTrot.com