



# Run For Your Mom

Rotary Park, Johnson City, TN

Saturday, May 13, 2017 @ 9 AM

Check event(s):

5k Individual Runner (\$25 through 5/11/17, \$30 at packet pickup)

Virtual Run (\$25 through 5/11/17, \$30 at packet pickup)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_ Age on Race Day: \_\_\_\_\_ Sex:  M  F

Race Day Emergency Contact

(Name & Phone) \_\_\_\_\_

Are you a success partner for Rise Up? \_\_\_\_\_

**Shirt Size:** Youth Sizes  YS  YM  YL Adult Sizes  S  M  L  XL  XXL

*In consideration of accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all claims for personal injury, property damage or death, of whatever form and nature, I may have against Rise Up!, Redeemables, Open Doors Coffeeshouse, The Goose Chase, State of Franklin Track Club, City of Johnson City, its affiliates and/or subsidiaries, co-sponsoring organizations, and all other persons, acting on behalf of the foregoing organizations, stemming from or arising as a result of my participation in any of the events of the Run For Your Mom 5k. I attest and verify that I am physically fit and sufficiently trained to participate in any of the events that I enter. I also give my permission for the free use of my name and picture in any newspaper write up, "broadcast", "telecast", future advertisements or other written account of this event.*

Signature & Date: \_\_\_\_\_

**Checks Payable to: Rise Up!**

Mail this form to:

**The Goose Chase**

Attn: Run For Your Mom 5k  
3101 Browns Mill Road, Ste. 6-182  
Johnson City, TN 37604



**Register Online & Race Information**  
<http://www.RunForYourMom.com>

